

Indigenizing a Wellness and Resilience Skills-Based Undergraduate Course			
Personnel Services	Rate	Project Time	Total
8 AI/AN Undergraduate Student Developers AI/AN undergraduates will be compensated at an hourly rate for: 1) their time and contributions to a collaborative sharing circle intended to identify both macro and microlevel sources of stress and cultural sources of resilience influencing AI/AN college students' mental health and belonging on the UW campus and 2) their time and work in co-constructing a wellness and resilience workshop series for AI/AN undergraduates that incorporates student-identified cultural sources of resilience and draws upon the skills and content from an existing successful resilience and wellness undergraduate course (EDUC 215). The goal is to both develop a peer-facilitated workshop to serve as a resource for the AI/AN student community and to inform important modifications to the pedagogy, practices, skills, and content of the existing course to increase effectiveness in responding to the diverse needs of a more inclusive UW student population.	\$15 per hour	20hrs	\$2,400.00
1 AI/AN Graduate Student Sharing Circle Co-Facilitator One AI/AN graduate student will be compensated for co-facilitating two sharing circles with a graduate student teaching assistant from the Resilience and Wellness course series (EDUC 215/216). This facilitator will help ensure cultural protocols are followed and create a safe and welcoming space for AI/AN undergraduates to share their sources of stress and resilience on the UW campus. Sharing circles will be implemented at the start of the projects (to identify sources of stress and resilience) and at the end of the project (to evaluate the acceptability of the developed workshop series).	\$100 per event	2 Sharing Circles (6hrs)	\$200.00
Project Materials	Rate	Number of Gatherings	Total
Food for 8 Gatherings At each student gathering (sharing circles and workshop lesson development sessions) a meal or snack will be provided as a way of cultivating a sense of community and relationship and honoring AI/AN cultural protocols.	\$50 per gathering	8	\$400.00
Project Total			\$3,000.00